



Introduction to Biodynamic Craniosacral Therapy

3-day workshop

21 NCBTMB continuing education credits

January 19-21, 2018

Fri . Sat . Sun

9:30 am - 5:30 pm

3rd Coast Craniosacral

990 Grove St.

Evanston

Class combines lecture, discussion and much hands-on experiential training (both self-exploration and table-work). Though a pre-requisite for the professional training, this can be taken as a stand-alone workshop and is not restricted to body-workers.

All are welcome.

There will be a brief history of craniosacral therapy, and an overview of the foundation principles and terminology of the biodynamic and functional models, noting how they differ.

Practitioner skills of stillness, presence, resonance and contact will be explored.

Students will be introduced to the midline and the various levels of perception in the craniosacral system such as the Fluid Body, Primary Respiration and Dynamic Stillness.

The class will touch on embryology, the interpersonal neurobiology of the client/practitioner dyad and their relevance to biodynamic work.

Class size will be limited to 8 students.

A non-refundable \$100 deposit with the registration form will hold your place.

Early-bird discount (if paid in full by December 15): \$330

Tuition after December 15: \$375.

If class is cancelled or postponed, your money will be refunded.

For more information, or a registration form, contact:

Ginger at 847-328-8433 -or- ginger@CraniosacralEvanston.com

Ginger Crisenbery is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. (#45066808)